



What is the Family Adventure?

Himalayan Footprints and *LDG* bring you a daylong experiential camp combining skills of leadership, teamwork and outdoor adventure activities. The Family Adventure helps participants to develop the personal and interpersonal qualities essential for working with and leading others in the larger realm of Life.

Children and Adults practise the skills of teamwork, confidence building, helping others through adventure activity and extracting learning conducted by professionals.

Why is such a program necessary?

In addition to their multiple responsibilities, Parents are mandated with developing contributing citizens who will make a difference to their country and their environment. The shortage of time, volume and depth of academic exercises and often the lack of space makes it difficult to conduct life-skill activities within the home framework. Trained specialists bring out the learning in a structured and safe manner. In addition, the following benefits are also highlighted.

- Learning by Doing is learning for life – all learning is experiential.
- The Adventure camp is designed at the appropriate age level taking into account physical condition, gender and psychological traits.

How do the participants benefit?

- Fun activities to assess skills of leadership and teamwork both for kids and adults – build confidence in each other!
- Individual skill building to address gaps in knowledge and ability and build self-confidence and courage.



How does the family benefit?

- We have all heard of spending “quality time” to invest in our children – such activities have a long lasting value for both kids and parents.
- Time spent in meaningful activities, solving challenges together as a family and with friends, will go a long way towards team building and bonding.

What is the duration of the programme?

Ideally the camp will run from 9:00 to 6:00 inclusive of breaks for lunch and tea. This includes time for 6 major activities and several minor ones.

However, some groups would like to spend an afternoon – various formats are available.

Where will the Family Adventure be conducted?

The camp will be run at **Ibiza Merlin Greens** at Amtala, Diamond Harbour Road – a location which is in harmony with nature and provides the facilities for safe and challenging adventures.



A glimpse of the range of activities

The day’s activities will include items from among those in the grid on the next page. The activities are conducted based on the age level, gender and ability of the participants. All activities can be conducted for ages 8+ with increasing levels of difficulty.

While all the activities have an element of learning about leadership, many activities have multiple individual and social learning outcomes associated with them. These are brought out through self-discovery, team games and focused debriefing after the activity.

In addition to the major activities (depending on numbers) there are a number of group games and team activities that we conduct to bring an atmosphere of togetherness, healthy competition and learning to the camp – the camp spirit!

Leadership Adventure Camp

No	Activity Name	Planning & Strategizing	Leadership	Teamwork	Communication	Confidence / Self Esteem	Risk Taking	Problem Solving	Coordination	Trust Building
1	Rock Wall Climbing			Y	Y	Y	Y	Y	Y	Y
2	Rapelling			Y	Y	Y	Y	Y	Y	Y
3	Zipline			Y	Y	Y	Y		Y	Y
4	Burma Bridge			Y	Y	Y	Y		Y	Y
5	Commando Crossing			Y	Y	Y	Y		Y	Y
6	Bassoon Chair			Y	Y	Y	Y		Y	Y
7	BMX Pump Track			Y	Y	Y	Y		Y	Y
8	Knotty Problem	Y	Y	Y	Y			Y		
9	Spider Web	Y	Y	Y	Y			Y	Y	Y
10	Tube Potential	Y	Y	Y	Y			Y	Y	

For the events there are specialized trainers who will instruct the participants on **techniques** and **safety procedures**. Participants may try particular challenges more than once.

In addition to the events above, kids will have the options of spending some time in the **Disco** and in the **Swimming Pool** to relax after strenuous events!

Camp Leader Profiles

The Adventure Camp is designed and conducted by two stalwarts in their fields accompanied by a team of trained adventure professionals. The time is appropriately divided between the actual adventure experiences and making sense of the learning.



Neil Law, the engine behind Himalayan Footprints and Adventure Zone, has had 18+ years of experience in conducting camps from the plains to the Himalayas with wide ranging groups of campers.

His team of trained and certified professionals ensures that every child participates safely and actively. His team runs regular activities at the Eco-Tourism Park, Rajarhat and has an adventure camp set up at Ibiza.

Leslie D’Gama, a teacher for over two decades during which time he was Scoutmaster and District Scoutmaster, working with more than 20 troops.



He brings to the Leadership Adventure Camp a rich experience of pioneering, outdoor activities and learning through games. The last 14 years with corporate training has helped him identify the essence of leadership, motivation and team building at all levels. He now runs the consultancy LDG – Learn Develop Grow.

Pricing for families:

For a group of 30 participants or more : Rs 1100 per participant

For a group of less than 30 participants : Rs 1250 per participant

This includes adventure activities at the venue, vegetarian lunch and tea (and taxes).

If the group wishes to arrange its own lunch and tea, the cost of activities alone and facilitation would be Rs 750 / 850 per participant.

Contact us :

Contact	Neil Law	Leslie D’Gama
Phone	98300 33896	90516 11196
Email	hfsikkim@gmail.com	LDG@lesdgama.in

