



### **What is the Teambuilding Adventure Camp (TAC)?**

*Himalayan Footprints* and *LDG* bring you a daylong experiential camp combining skills of leadership, teamwork and outdoor adventure activities. The TAC helps participants to develop the personal and interpersonal qualities essential for working with and leading others at the workplace and in the larger realm of Life.

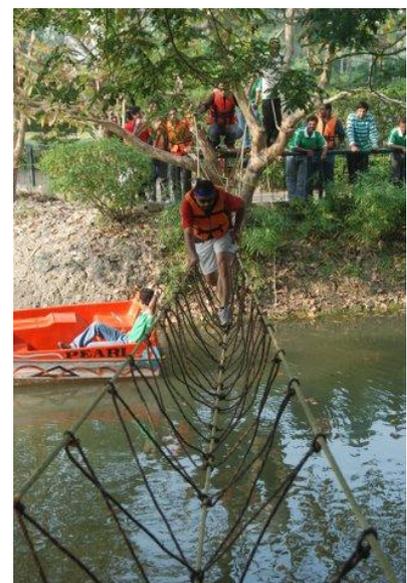
Participants across the organization will experience and practise skills of teamwork, confidence building, risk taking, problem solving and leadership through adventure activities and debriefing methods conducted by professionals.

### **Who should attend?**

The camp is designed for all members of an organization which strives to develop awareness and skills of leadership, team work, team building and self-confidence.

### **Why is such a program necessary?**

- Learning by Doing is learning for life – all learning is experiential.
- The Adventure camp is designed at the appropriate learning level taking into account age, physical condition, gender and psychological traits.
- The discussions on the application-oriented activities help participants to make sense of their learning.



**How do the participants benefit?**

- Fun activities to assess skills of leadership and teamwork
- Individual skill building to address gaps in knowledge and ability
- Participants will get just-in-time training which can be immediately applied

**How does the organization benefit?**

- Developing organizations invest in their people to create continued leadership, loyalty and bonding.
- The TAC helps inculcate principles of leadership and discipline reducing the need for “rules” and “disciplinary action”.

**What is the duration of the TAC?**

- The camp will run from 9:00 to 6:00 inclusive of breaks for lunch and tea.
- This includes time for 6 major activities and several minor ones.

**Where will the TAC be conducted?**

The camp will be run at the **Adventure Park at Ibiza** – a safe and comfortable location known for its integration with nature and primarily set up for the development of people in body, mind and spirit. The use of leisure facilities (swimming, lounge, bar) for participants is not permitted during the camp.

**How are the organization needs integrated into the TAC?**

- Specific agenda or problems of the organization can be shared with the camp leaders so that the learning can be built in.



<b>A tentative programme schedule</b>			
08:30	Reach Ibiza, breakfast	14:15	Whole team problem-solving activities
09:30	Introductions, orientation, ice-breaking	16:00	Debriefing
10:30	Individual activity stations – team based	16:45	Inter-team competitive activity
11:30	Tea break	17:45	Final debrief, team scores
11:45	Team activities continue	18:15	High tea
12:45	Debriefing	18:30	Pack up and leave
13:30	Lunch break		

### A glimpse of the range of activities

The day's activities will include items from among those in the grid below. The TAC will be designed based on the age level, gender and ability of the participants. While all the activities have an element of learning about leadership, many activities have multiple individual and social learning outcomes associated with them. These are brought out through self-discovery, team games and focused debriefing after the activity.

No	Activity Name	Planning & Strategizing	Leadership	Teamwork	Communication	Confidence / Self Esteem	Risk Taking	Problem Solving	Coordination	Trust Building
1	Mission Impossible		Y	Y			Y		Y	Y
2	Building a Raft	Y	Y	Y	Y		Y	Y		
3	Obstacle Course	Y	Y	Y		Y	Y			Y
4	Dangle Duo		Y	Y			Y		Y	
5	Big V		Y			Y			Y	Y
6	Target Jump		Y			Y	Y			Y
7	Survival River Crossing	Y	Y	Y	Y		Y	Y	Y	Y
8	Balancing Log	Y	Y	Y	Y				Y	Y
9	Blind Rope	Y	Y	Y	Y			Y	Y	Y
10	Spider Web	Y	Y	Y	Y			Y	Y	Y
11	Minefield		Y		Y	Y				Y
12	Bazooka	Y	Y	Y				Y	Y	



## Camp Leader Profiles

The Adventure Camp is designed and conducted by two stalwarts in their fields accompanied by a team of trained adventure professionals. They will share the field appropriately dividing time between the actual adventure experiences and making sense of the learning.

**Neil Law**, the human engine behind Himalayan Footprints and Adventure Zone, has had 18+ years of experience in conducting camps from the plains to the Himalayas with wide ranging groups of campers.

His team of trained and certified professionals ensures that every child participates safely and actively. His team runs regular activities at the Eco-Tourism Park, Rajarhat in addition to the adventure camp set up at Ibiza.

Himalayan Footprints organizes 5-day camps in the hills, open to groups.

**Leslie D’Gama**, a teacher and corporate trainer for over three decades during which time he was Scoutmaster and District Scoutmaster, working with more than 20 troops, and a Head of Training and Development with IL&FS Education.

He brings to the Leadership Adventure Camp a rich experience of pioneering, outdoor activities and learning through games. The last 14 years with corporate training has helped him identify the essence of leadership, motivation and team building at all levels. He now runs the consultancy LDG – Learn Develop Grow which focuses on facilitating behavioural change.

### Indicative Costs:

Adventure activities for a group of upto 40 participants : Rs 30,000

Facilitation fees : Rs 30,000 [includes all materials required for the learning experience]

Breakfast, Lunch and High Tea (catered by Ibiza) : Rs 1200 per head including taxes.

Transport can be arranged if required (approx Rs 9500 per 40-seater airconditioned bus)

### Contact us now to get a date for your organization :

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